

Kathryn Skelsey - Curriculum Vitae

Health & Science - 2008

Qualifications

1996 Diploma of Remedial Massage, Endeavour College of Natural Therapies
1995 Certificate of Remedial Massage, Australasian College of Natural Therapies

1985 - 1988 Bachelor of Applied Science (Physiotherapy),
Cumberland College of Health Sciences
(Current title: Faculty of Health Sciences, University of Sydney)

1984 Higher School Certificate, Aggregate 392/500, Blakehurst High School
Subjects Included: 2 Unit Chemistry and Physics, 3 Unit Maths (percentile bands 71-100)
Senior Prefect. Award: School Citizenship

1982 School Certificate, Grade One, Extended with Credit, Blakehurst High School
1977 - 1978 Opportunity Class Specialised Education Program, Hurstville Primary School

Continuing Education

Physiotherapy

Yearly Mandatory Workplace, Fire, and Cardiopulmonary Resuscitation Training\
Weekly Physiotherapy Dept. Inservices, Journal Club, Quality Improvement Projects

2008 Traumatic Brain Injury Telehealth, Quality and Research

2007 Private Practice, Neurosciences, Cerebral Palsy, Teacher of Swimming & Water Safety, Teacher of Aquatics for People with Disabilities, Evidence Uptake in Organisations, Positive Psychology to Enhance Client Adherence to Treatment, Neuromuscular, Newcastle Paediatrics, Exercise Management of Childhood Obesity

2006 Diabetes & Physiotherapy, Sports Medicine for Children, Students with Additional Learning Needs, Epilepsy, Autism, Self Injury, Child Protection, Cerebral Palsy, Prada-Willi, DET School Transition Program, Lower Limb Orthotics

2005 Learning to Play, Visual Impairment in Multiple Disabilities, Aquatic Symposium, Clinical Practice Improvement

2003 Feldenkrais for Kids, Neurosciences Conference, Disability Education Program, Aggression Minimisation

2002 VIIIth International Physiotherapy Congress (Sydney), Lower Limb Assessment and Development of Crawling, Neurological & Orthopaedic Paediatric Physiotherapy, Child Protection.

2001 Musculoskeletal Conditions in Children, Research Methods and Reading Research Reports Critically

Pre 2001 Burns and Skin Loss, Basic Advanced and Synthetic Plastering, Strapping and Taping, Serial Casting, Paediatric Assessment Tools (NSMDA, MAI), Respiratory Management, Hydrotherapy, Fit and Pain Free in the Childbearing Year, Erb's Palsy, Talipes, McKenzie A & B, Muscle Energy

1991 11th International Congress, World Confederation of Physical Therapy, London

Kathryn Skelsey - Curriculum Vitae

Health & Science - 2008

Medical and Health

2006 1st International Ayurveda and Yoga Conference, Sydney
2002 Annual Scientific Meeting of the Endocrine Society of Australia, Adelaide
2001 12th World Congress of Neurosurgery, Sydney
2000 11th International Congress of Endocrinology, Sydney
1996 International Congress on Stress and Health, Sydney
1991 St Johns Ambulance First Aid

Administration and Business

2004 Managing Multiple Projects, Objectives and Deadlines, Developing Funds and Resources, Creative Volunteering Program
2003 Management Skills, Event Management
2001 Small Business and Office Management, Access 97, Excel 97
2000 TypeQuick, Editing and Proofreading
Pre 2000 Communication, Leadership, Teaching

Continued Investigation of the Current Literature regarding Physiotherapy and other forms of Health Promotion and Disease Prevention in diverse areas including: Baby Massage, Children's Sport & Exercise Promotion, Nutrition, Exercise Physiology & Psychology, Endocrinology (interested in researching relationships between Endocrinology, Physiotherapy and Exercise), and Wholistic Relaxation and Bodywork Therapies (eg. Yoga, Acupuncture, Alexander Technique, Feldenkrais and Pilates).

Employment

2002 - Current

Senior Grade Two Part-time Physiotherapist, Sydney Children's Hospital, Randwick.
In the areas of; School Therapy Team for Students with a Physical Disability (STTSPD), Developmental Co-ordination Disorder, and Aquatic Physiotherapy.

2002 - 2004

National Secretary (Contracted Paid Position), Australian Pituitary Foundation Ltd
(Previously 1995 - 2002 Voluntary)

- Coordination of services, newsletter, resources and events for the information and emotional support of pituitary patients and their carers.
 - Publicity and promotion of awareness of pituitary conditions.
 - Liaison with endocrinologists, neurosurgeons, radiotherapists, endocrine nurses and other related health professionals
 - Collaboration with other endocrine patient support groups.
- (2005 - Current; Ongoing contribution to the APF as Information and Resource Manager)

1992-2002

Grade 1 & 2 Physiotherapist, St. George Public Hospital, Kogarah; In the areas of Paediatrics, Women's Health, ICU, Cardiology, Gerontology, Orthopaedics, Mental Health, Lymphoedema, Neurology, Neurosurgery, Oncology, Outpatients, Renal, Respiratory, Surgical, Community Services (Early Discharge Program, Community Rehabilitation and Geriatric Service).

Kathryn Skelsey - Curriculum Vitae

Health & Science - 2008

1988-1992

Hospitals:

Grade One Physiotherapist (full-time, weekend and casual);

- St Vincent's Public Hospital (with secondment to Broken Hill Base Hospital)
- Fairfield District Hospital
- Blacktown Hospital
- Lidcombe Hospital
- The Sutherland Hospital

In the areas of Paediatrics, Obstetrics, Gynaecology, Orthopaedics, Medical, Respiratory, Surgical, ICU, Neurological & Amputee Rehabilitation, and Outpatients

Self-employment:

- **Principal Physiotherapist and Massage Therapist**, Physiotherapy and Massage Therapy Practice, Bondi Junction Wholistic Medical and Yoga Centre
- **Mobile Domiciliary Physiotherapist and Massage Therapist**, south-eastern Sydney area

Private Practices:

Grade One Physiotherapist:

- Woodville Lane Physiotherapy and Sports Injury Clinic, Hurstville
- Angel Loo Private Practice, Bankstown
- Mignonne Mattner Private Practice, Riverwood.

In the areas of Manual Therapy, Electrotherapy, Exercise Prescription

Other: Sole Physiotherapist, Windermere Nursing Home, Summer Hill.

Associations

Current Member;

- NSW Physiotherapists Registration Board
- Australian Physiotherapy Association (Member since graduation. Current member of the Paediatrics, Aquatic Physiotherapy, Educators, and Sports Physiotherapy Special Interest Groups)
- Health Services Union of Australia
- Australian Pituitary Foundation Ltd
- Endocrine Society of Australia
- SPOT on DD (Speech Physio Occupational Therapy on Developmental Disability)
- Australian College of Physical Education (Guest Associate Library Member)

Previous Member;

- Australian Physiotherapy Association (previous member of NSW APA Bulletin Committee, Leadership and Management, Neurology, Physiotherapy Business Australia, Continence & Women's Health, Manual Therapy, and Orthopaedics Groups).
- Australian Association of Massage Therapists, Senior Level Two
- Brain Tumour Australia Inc

Subscriptions

- "Paedpt" email network
- APA Paediatric Special Interest Email Group